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### Maiden Visit of Chairman APS Damana

Brig Kumar Anand, Chairman APS Damana visited the school campus on June 18, 2025. During his visit, he toured various areas including Balvatika, Primary Wing, Resource Room, Multi-Purpose Hall, Atal Tinkering Lab, English Language Lab, Sports Room, NDA Room, Art Room, Music Room, and other specialized areas. He was also informed about the newly constructed Shooting Range, Interactive Smart Boards, and Hybrid Classrooms. The primary objective of the visit was to assess the school's operational efficiency and security measures.



**“ When a visionary leader walks through the corridors, new possibilities come alive.”**

# INTERNATIONAL DAY OF YOGA



Army Public School Damana observed International Day of Yoga (IDY) on 21 June 2025 with great enthusiasm, engaging the school community in activities aligned with the global theme, "Yoga for One Earth, One Health". The event underscored yoga's contribution to the holistic well-being and the promotion of individual and environmental harmony. Mrs. Kailash Kumari, PRT, NCC ANO led the session, instructing participants in various asanas and breathing exercises. Teaching staff, Non-teaching staff, and Students actively participated performing postures such as Surya Namaskar, Tadasana, Vrikshasana, and Bhujangasana, and practicing Pranayama to improve concentration and foster inner peace.

**"Yoga is the golden key that unlocks the door to peace, tranquility and joy."**



# BIDDING ADIEU



The school bid a heartfelt adieu 'आभार' to Brig Vivek Puri, SM, PhD, Chairman APS Damana. The Chairman exemplifies true inspiration through his unwavering dedication and visionary acumen. His integrity, perseverance, and compassionate leadership served as a luminous beacon, motivating all within the organization to aspire to their zenith.



# NCC ACTIVITIES



15 NCC Cadets (Girls), accompanied by Second Officer Kailash Kumari (ANO) attended 8 J&K Girls Battalion Combined Annual Training Camp J4(CATC) from 07 to 16 June 2025 at National Training Academy (NTA) Nagrota.



03 NCC Cadets (Boys) participated in Trekking Camp organised by 2 J&K BN NCC from 21 to 29 June 2025 at Almora, Uttarakhand.



From 19 to 26 June 2025, 04 NCC Cadets (Girls) participated in Himalayan Trek - III, an event organized by the 9 Himachal Pradesh Battalion, JK&L Directorate.

# REACHING THE PINNACLE



Advita Choudhary (IX) participated in Rhythmic Gymnastics Junior World Championships (HOOP & BALL) held at Sofia, Bulgaria w.e.f 15 Jun -23 Jun 2025. The school appreciated her Hardwork & Diligence by presenting Cash Incentive of Rs 10,000.



Shivansh Parihar (1A) clinched 2nd position in Inter-School Cadet Roller Skating Championship organised by J&K Roller Skating Association at Jodhamal Public School on 2 June 2025.



# CAPACITY BUILDING PROGRAMME



A special lecture was organized on 'Child Protection Laws' by Rajiv Khajuria, Founder and Honorary Patron of the National Development Foundation (NDF) and Member of the Selection Committee under the Juvenile Justice (JJ) Rules, J&K. He delivered the session which focused on the Juvenile Justice Act, POCSO Act, Child Labour Act, and the Right of Children to Free and Compulsory Education Act, 2009.

On 26 June 2025, the school organized a session by Dr. Aijaz Ahmad Bhat, Assistant Professor (Clinical Psychology) and Mr. Rayces Zahoor Shah Clinical Assistant (Developmental Therapist), CRC Jammu (Samba). The session aimed to create awareness and build capacities of teachers on Mental Illness, Mental Health and Well-being of students.



The school organized Capacity Building Programme for Educators from 23 June to 28 June 2025. The aim of the programme was to enhance the professional growth of the Educators with Innovative Methodologies, Collaborative Learning and Subject-Oriented Goals.

**“ Empowering Minds, Enriching Skills, Elevating Outcomes – the true spirit of Capacity Building.”**